

# SEGUIN ORTHOPEDICS

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## INSTRUCTION SHEET FOR SURGERY PATIENTS

1. Before the day of your surgery, you must call the admission desk at the hospital **OR** go to the hospital to pre-register and make financial arrangements. Walk in or call 830-401-7445.
2. If the Dr. has asked you to have pre-op testing performed prior to surgery, please have this done **NO LATER THAN 7 days** prior to surgery. Pre-op testing needs to be done **FASTING**.
3. Wash surgery site area with **Hibiclens** solution for 5-7 days prior to surgery. This can be obtained over-the-counter at most pharmacies. Apply **Mupirocin** ointment in nostrils twice daily for 5-7 days prior to surgery. A prescription will be called to your pharmacy.

### **\*\*\*If you are having a total joint replacement\*\*\***

**\*\*Apply a moisturizer to the surgery site after bathing with the Hibiclens**

**\*\*If you are not already taking a Multivitamin with Iron, please start taking one.**

**If your Multivitamin does not have Iron, add in an over-the-counter Iron Supplement**

**\*\*Protect your skin from any bug bites, scratches, scrapes, cuts, etc.**

4. **DO NOT EAT OR DRINK ANYTHING AFTER MIDNIGHT THE NIGHT BEFORE SURGERY. THIS INCLUDES SMOKING, CHEWING GUM OR TOBACCO. YOU MAY BRUSH YOUR TEETH, BUT DO NOT DRINK ANY WATER.**
5. Take regular daily medications with **just a sip of water** the morning of your surgery. If you cannot take these medications on an empty stomach or if you are not sure, please take them with you to the hospital. Do not take blood thinners such as Plavix, Coumadin, aspirin, Advil.  
**Bring a list of all medication you are currently taking.**
6. Make arrangements for someone to drive you home from the hospital after surgery. The hospital **will not** let you drive yourself home.
7. Wear loose fitting, comfortable clothing to the hospital on the day of your surgery.
8. Leave personal articles such as jewelry or other valuables at home the day of your surgery.
9. Do not wear make-up or fingernail polish the day of your surgery.
10. Arrange for someone to stay with you at home after your surgery.
11. Please notify Drs.' office of any change in your physical condition – minor cold, congestion, fever, flu, etc., prior to your surgery.
12. **Our office will call you the day before surgery, or the Friday before if your surgery is on a Monday, to notify you of the time you need to be at the hospital. The surgery schedule is not finalized until the day before, therefore times are not available prior to the day before surgery!!!**

**\*\*OVER\*\***

13. Bathe or shower prior to coming to the hospital on the day of your surgery.
14. You will be scheduled for a follow-up appointment after your surgery. If needed, an x-ray should be done prior to this visit.
15. There is no visiting in the Recovery Room, however, one (1) visitor per adult patient and two (2) visitors per pediatric patient are allowed.
16. For Children: \*\* An adult must stay at the hospital facility with the child \*\*

**All questions regarding your surgery should be directed to Tammy @ 830-379-9492 ext 108**

## FINANCIAL RESPONSIBILITY

Effective January 1, 2015 Seguin Orthopedics will require payment of all portions owed for the surgical services provided by our physicians PRIOR to the procedure. You will be contacted by our insurance coordinator with the approximate amount owed and payment methods available to you.